Faculty of Medical Sciences Kragujevac

Integrated academic studies of medicine

COURSE: SPORTS MEDICINE

6th week of classes:

FUNCTIONAL DETERMINANTS OF PHYSICAL ABILITY

"BANK" OF QUESTIONS:

1. Heart rate as a determinant of functional ability
2. Stroke volume as a determinant of functional ability
3. Cardiac output as a determinant of functional ability
4. Arterial blood pressure as a determinant of functional ability
5. Respiratory volume as a determinant of functional ability
6. Breathing frequency as a determinant of functional ability
7. Minute breathing volume as a determinant of functional capacity
8. Vital capacity as a determinant of functional ability
9. Static contraction and dynamic contraction
10. Muscular endurance
11. Testing of muscle strength and power
12. Flexibility